



MACKILLOP COLLEGE

Monthly Newsletter

July

Celebrating all life

Challenging all people

Dreaming the new day

MacKillop Newsletter

July 2016

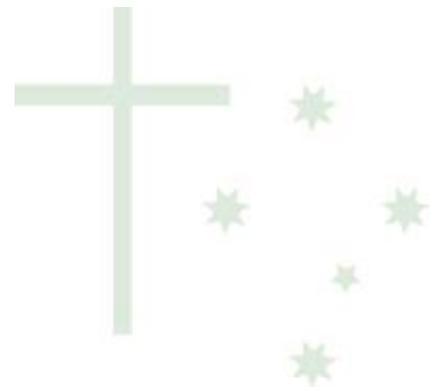


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MACKILLOP COLLEGE PRESENTS



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BOOK BY THOMAS MEEHAN	MUSIC BY CHARLES STROUSE	LYRICS BY MARTIN CHARNIN
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*ORIGINAL PRODUCTION DIRECTED BY MARTIN CHARNIN
 PRESENTED ON BROADWAY BY MIKE NICHOLS
 PRODUCED BY*

IRWIN MEYER	STEPHEN R. FRIEDMAN	LEWIS ALLEN
ALVIN NEDERLANDER	THE JOHN F. KENNEDY CENTER	ICARUS
ASSOCIATES INC.	FOR PERFORMING ARTS	PRODUCTIONS

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28 - 30 JULY 2016

MORENO PERFORMING ARTS CENTRE

TICKETS - \$15 Book online at www.mackillop.vic.edu.au

College Chaplains Fr Frank Buhagiar Fr Shymon Thekkekalathungal Fr Darien Sticklen	PRAYER <i>Be bright and cheerful and encourage all To be the same</i> <i>Mary MacKillop 1885</i>	Canonical Administrators Fr Frank Buhagiar (President) Fr Pius Kodakkathanath Fr Jude Pirotta
Sisters of St Joseph Sr Geraldine Whelan	AMEN	Volume 13, Issue 7 July 2016

Letter from the Principal

Dear Parents/Guardians

Welcome to Semester 2. I hope that all students, in particular our Year 12s, continue to be focused and conscientious in their studies.

In the spirit of friendly competition, our sport representatives have actively participated in the MacKThom Cup against Thomas Carr College. The Cup was retained for the ninth consecutive year, after winning the five game series 3-2.

This year is significant in the life of all Josephite schools, as we celebrate the 150th anniversary of Mary MacKillop 'taking up the habit' and opening her first school in a stable in Penola, South Australia. 'Listening to the heartbeat of the world' is the Josephite theme of 2016 and this will be featured in our MacKillop Day celebrations on Friday 5 August. This feast day, celebrated by the world wide Church, is significant particularly for Australian Catholics. We are called to be inspired anew by the example of St Mary of the Cross MacKillop and like her listen to and respond to the 'heartbeat' of the world. As is our tradition, MacKillop Day festivities will commence with a whole school gathering for the celebration of the Eucharist by Fr Frank Buhagiar, giving thanks for the life and legacy of St Mary of the Cross. Other festivities commence at the conclusion of Mass and I'm certain it will be another memorable MacKillop Day.

All College community members are welcome and encouraged to attend the Open Board Meeting on Thursday 18 August 2016. This is an opportunity to gain some insight into the Board's function and obligations.

May St Mary of the Cross MacKillop journey with us.



Rory Kennedy
Principal

From the Director of Student Wellbeing – Year 7 & 8

Year 7

Semester 1 and the term break have officially ended. We hope the students had a restful holiday and are now ready to embark on Term 3. The new semester brings about significant changes to the timetable and the start of some new interesting subjects such as Music, Art and Digital Technology. Term 3 also offers exciting opportunities for Year 7s such as performances of the College Musical 'Annie', MacKillop Day celebrations and the upcoming Science and Humanities excursion to the Water Treatment Plant.

Year 8

It is pleasing to see that the Year 8 students are working well and have settled into Semester 2 with ease. Many classes have now completed the Outdoor Education Camp to Lorne with just a handful remaining. Students have reported having an excellent time on camp with some of the highlights being getting to know their peers and homeroom teacher better, feeling successful after completing the challenging bushwalk and creatively painting their boomerangs. We look forward to an enjoyable Semester 2 with several co-curricular activities on offer that students are encouraged to consider.

From the Director of Student Wellbeing – Year 9 & 10

Semester 2 has begun positively for our Year 9 students. The Year 9 Parent Information Evening was well attended and provided the opportunity to hear from our resident experts; our students. The students were able to share their unique perspectives on the benefits of the education they received from the campus they attended in Semester 1. Their reflections were open, insightful and a genuine expression of their gratitude for the many and diverse opportunities provided by both Main Campus and St Mary's Campus. We thank these students for volunteering their time to share their reflections with parents/guardians and teachers in attendance. No doubt, the insight they provided served to alleviate any concerns regarding transitioning to a new campus in Semester 2.

For our Year 10 students, Semester 2 has been productive. All students in Year 10 undertake a Careers Program as part of their core studies in Commerce. As we move into the period of subject selection for 2017, the benefits of undertaking such a program become all the more relevant. We encourage all our Year 10 students to take advantage of the expertise offered by the Careers team during this time.

Year 10 Formal

Parents and Guardians are to be aware that the Year 10 Formal to be held on 31 July at Sheldon Receptions in Sunshine is not a College sanctioned event. The College is not in any way involved in the organisation or running of this Formal.

From the Director of Student Wellbeing – Year 11 & 12

The start of Term 3 has greeted us with some very cold weather. As with any period of the school year Term 3 will be both busy and important. The Year 11 and 12 Parent Information night took place on 26 July. The night was well attended by parents/guardians who received valuable information about how to manage and support their son/daughter with anxiety related to exams. If any parents/guardians who were not able to attend would like to receive the information discussed please contact Mr Exton at the College.

Term 3 is also important because it is a time when students begin the process of selecting subjects for 2017. For all students across Year 10 and 11 choosing subjects as part of their VCE program there will be a number of information sessions and the Senior Pathways evening in early August. Please keep your eye out for information on this process as it is so important to their future pathways.

Sports Report



For all recent sports results, please refer to the [sports category in the MacKillop News Blog](#) found on the College Website.

John the Baptist Resource Centre

Library staff have recently been assisting students in Year 8 to review and extend their knowledge of the databases available on the JBC library intranet page. Students have established folders within databases such as Encyclopedia Britannica and EBSCO to store resource documents, articles, images, or even video recordings pertaining to their chosen studies and interests. The establishment of these information storage locations further extends their information literacy and will assist with their studies in the senior years of schooling, as well as provide lifelong skills for further learning and employment.

Students also reviewed the production of citations for bibliographies via the use of the Online Reference Generator. Utilising the Harvard style of citation, this database allows students to generate correct citation details for all tasks. Further to this was utilisation of Clickview online for the viewing of all video clips available from the school catalogue to further extend the sources of information available for students in their studies.

Parents & Friends Committee

Welcome back for Term 3. I hope everyone enjoyed their break. The Chocolate Drive is here again. Yum Yum!! Thank you to all the families that have supported our major fundraising event in the past and continue to do so. This fundraiser helps the Parents and Friends Committee support Speech Night and MacKillop Day. Our next meeting will be held on Wednesday 3 August at 7.30pm in the Training Room of the Sr Giovanni Administration Building. All are welcome.

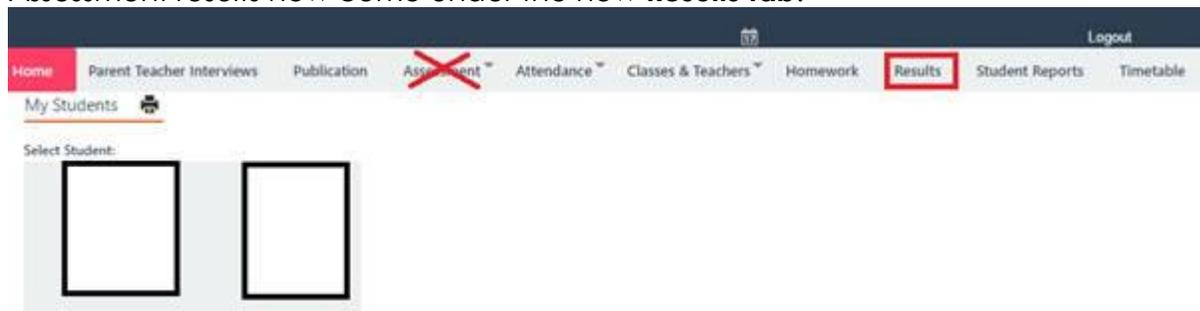
Parent/Guardian Information

Uniform Shop

The Uniform Shop will be closed Friday 5 August for MacKillop Day and Friday 26 August for Staff Professional Development. Uniform fittings for Year 7 2017 are being held until Wednesday 24 August. Please ensure you secure an appointment by contacting the Uniform Shop on 8734 5280.

Parent Portal Update

Assessment results now come under the new **Results tab**.



College International Programs

Term 3 is an exciting time for the College's International Programs. We have welcomed six students from Istituto Tirinanzi in Legnano, Italy, and 22 students from Sapporo Seishu High School in Sapporo, Japan. These students are hosted by MacKillop students' families and immersed in the classrooms with other MacKillop students. This is the first time MacKillop has accepted this volume of students from overseas. We are delighted to provide this amazing intercultural opportunity for the international students as well as our own students to develop the knowledge, skills and understanding needed for the world they will face. We can't thank the host families enough for their support and look forward to this annually.

If any family is interested in hosting an International student in the future then please ensure you are on the College's database by contacting the International Programs Coordinator.

Catholic Education Today

Please [click here](#) to view the latest edition of the Catholic Education Today magazine.

Child Safe Standards

Earlier this year, the Victorian State Government released a directive regarding expectations set in law surrounding protecting absolutely children from any form of physical abuse or otherwise from any organisation that works with children.

Ministerial Order No 870 sets out seven standards and their requirements with which schools and other organisations are to comply. For further information please refer to <http://www.vrqa.vic.gov.au/childsafe/Pages/parents.html>

MacKillop is committed to complying with this Order.



MACKILLOP COLLEGE PARENTS & FRIENDS CHOCOLATE DRIVE



**Great prizes on offer for those who
return their money prior to
24 August 2016**

Payment Options

- Online payment (preferred option)
at...www.trybooking.com/215056
- Cheque made payable to 'MacKillop Parents & Friends'
- Cash

**On sale from
Wednesday
3 August 2016**

**Great prizes on
offer for those
who return their
money prior to
24 August 2016**

**All payments due
by 24 August 2016**

**\$1.00 per
chocolate bar**

**MACKILLOP COLLEGE
PARENTS & FRIENDS
CONTACT AT...**

**parents_friends@
mackillop.vic.edu.au**

St Andrews Trivia 2016 'Circus' Theme



Saturday August 6th 2016 – 7.00 pm
St Andrews Primary School
Sports Centre – Werribee
Enter via Stawell Street

**BYO Drinks &
Nibbles
Coffee Tea
Milo & Biscuits
Provided**

Adults \$15.00
Children under 16 free
For tickets contact
Marthese: 0421 815 369
Parish Office: 9741 4144

**Mixed Questions
Games, Raffles,
Prizes
Lots of fun for all
Prizes for
best dressed
Bring gold
coins**



**BECOME A FOSTER CARER.
YOU CAN MAKE A
DIFFERENCE**



FOSTER CARE

All sorts of people make great Foster Carers.

They are tradesmen, nurses, sales reps, shop assistants, teachers etc.

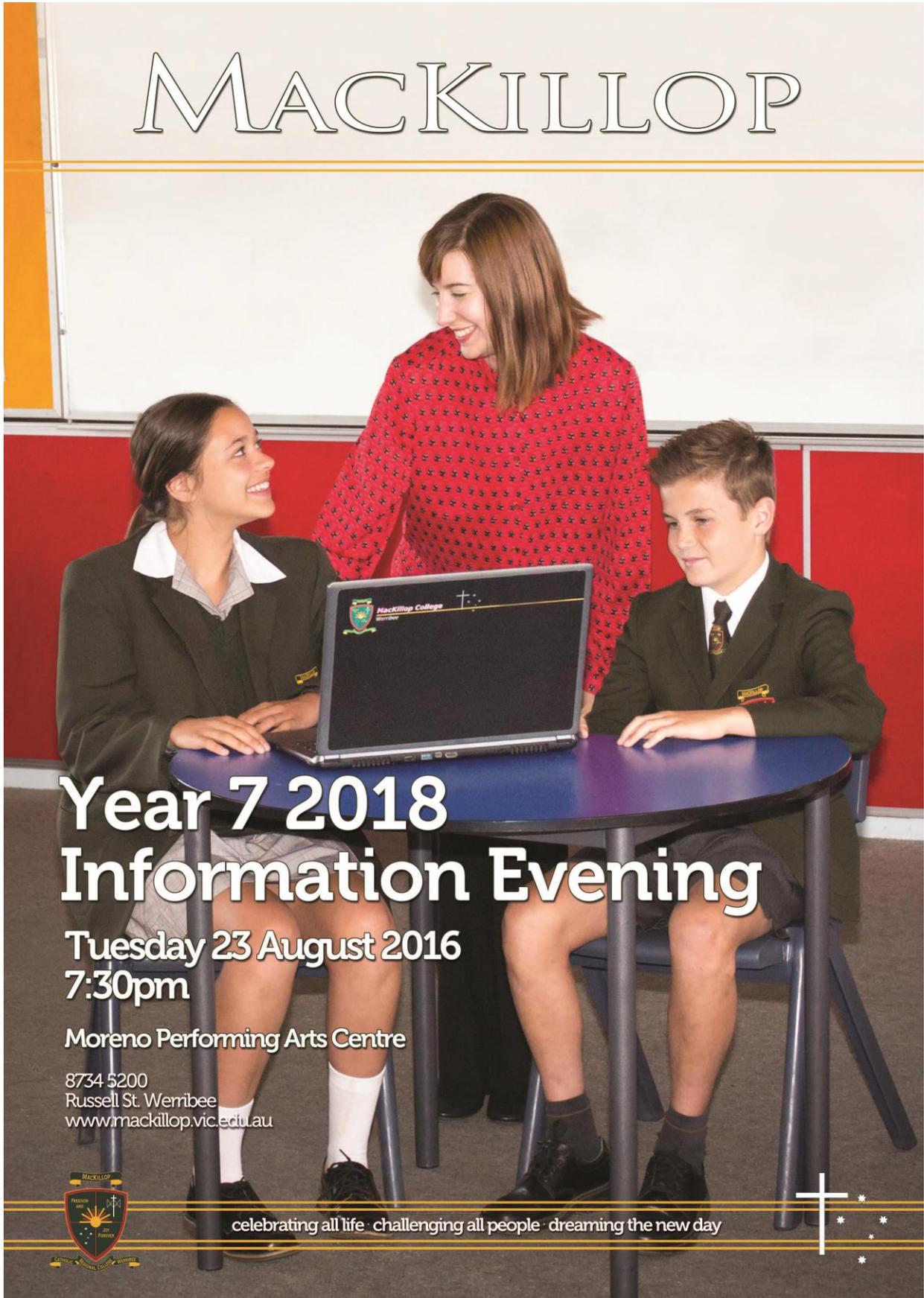
They are couples, singles, from different cultural backgrounds, with or without their own children.

They are people who have the desire to give a child a safe and welcoming place to stay.

03 9396 7400 | anglicarevic.org.au/foster-care

**BETTER
TOMORROWS**

MACKILLOP



Year 7 2018 Information Evening

Tuesday 23 August 2016
7:30pm

Moreno Performing Arts Centre

8734 5200
Russell St. Weribee
www.mackillop.vic.edu.au



celebrating all life · challenging all people · dreaming the new day



Asthma and Influenza

As the weather starts to cool down, the cold and flu season will soon be upon us.

The Facts:

- > Approximately 2,800 Australians die every year either directly from the seasonal flu, complications due to the flu, or pneumonia.
- > Adults and children with chronic illnesses (such as asthma) are at a higher risk of complications from the virus.
- > Colds and flu can be a trigger for some people with asthma, and can make your symptoms worse.
- > Flu vaccinations are the single most effective action in helping fight the spread of flu in the community.
- > The vaccine provides protection from about two weeks after the injection, and lasts for about one year (so even if you were immunised last year, you need to have the vaccine again this year).
- > The flu shot cannot give you the flu – as the vaccine does not contain any active virus.
- > In Victoria, under the National Immunisation Program, the criteria state that an annual free influenza immunisation is available to children or adults with severe asthma.

The vaccination is available now, so contact your doctor or immunisation provider to make an appointment. Many workplaces provide free vaccinations for staff to help prevent absenteeism during the winter months, so it is a good idea to ask your employer if this is available to you.



For further information please contact the Asthma Foundation of Victoria on 1800 645 130 or email schools@asthma.org.au

Winter and Asthma

With the winter months approaching, it is important to be aware of the triggers that can affect your asthma at this time of year.

Sudden changes in temperature

Certain weather situations like very cold temperatures, humidity and dry air can trigger asthma symptoms. In a school environment, students are exposed to sudden temperature changes many times during the day as they go between heated classroom environments to outdoor activities and lunch breaks. Wearing a scarf over the mouth and nose is recommended as it can help to warm the air as you breathe in. Exercise-induced asthma may be exacerbated by breathing in colder air than usual, so ensure that you take your reliever puffer 5-20 minutes prior to exercise, warm up adequately, monitor your symptoms during exercise, and have a blue reliever puffer handy in case of an asthma attack.

Thunderstorms

Thunderstorms can be an asthma trigger for some people, as raindrops can cause grains to be broken down into hundreds of tiny allergen-containing particles – allowing them to penetrate the lungs. If you experience asthma symptoms during thunderstorms, it is best to stay inside with windows closed, and ensure that you update your asthma action plan with your doctor outlining the management of your day to day asthma, what to do if your symptoms worsen, and the first aid procedure in the event of an asthma attack.



For further information please contact the Asthma Foundation of Victoria on 1800 645 130 or email schools@asthma.org.au