



# MACKILLOP COLLEGE

Monthly Newsletter

October

*Celebrating all life*

*Challenging all people*

*Dreaming the new day*

# MacKillop Newsletter

October 2016



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College Chaplains  
Fr. Frank Buhagiar  
Fr. Shymon Thekkekalathungal  
Fr. Darien Sticklen

Sisters of St Joseph  
Sr. Geraldine Whelan

## PRAYER

*Be bright and cheerful and encourage all  
To be the same*

*Mary MacKillop 1885*

AMEN

Canonical Administrators  
Fr. Frank Buhagiar  
(President)  
Fr Pius Kodakkathanath  
Fr. Jude Pirotta

Volume 13, Issue 10  
October 2016

## Letter from the Principal

Dear Parents/Guardians

As we commence the last term of the 2016 academic year, we must acknowledge the significance of this time to our Year 12 students. With the conclusion of their formal classes and the commencement of their final examinations and Structured Workplace Learning (SWL), we wish them every success in their future endeavours and hope their aspired goals are realised.

The beginning of the term was marked by the VCAL Dinner. The evening was a triumph with the VCAL students organising, preparing and serving. It was pleasing to see so many parents/guardians and staff in attendance and I commend the students on their professionalism on the evening.

Speech Night was held at the College on 18 October and it was awe-inspiring to see so many supportive community members gather to celebrate and farewell our Year 12 students. The evening fittingly acknowledged the outstanding achievements of our student body. Fr Chris Riley was an inspiring guest speaker who shared his message that small actions do, in fact, have a positive impact and that from adversity one can rise and achieve success.

Year 12 Graduation Mass was held on Wednesday 19 October with the whole College. Mass was celebrated by one of our chaplains, Fr Darien Sticklen. The atmosphere was very moving and reverent. All present, in particular the parents and guardians, are thanked for their attendance. Mass was followed by the Year 12 Reflection Day which enabled our students to come together and reflect on their final year at the College. The Year 12 Celebration Breakfast which followed on Thursday was a jubilant occasion.

A warm welcome is extended to all to attend our Open Day on Sunday 6 November from 10:00am-1:00pm. This will include an Art Exhibition which showcases the exceptional work of our creative students.

May St Mary of the Cross MacKillop journey with us.



Rory Kennedy  
Principal

## **From the Director of Student Wellbeing – Year 7 & 8**

### **Year 7**

Students are now in the last term of their first high school year. Term 4 has a lot to offer and while students continue to stay focused and engaged in their studies, they will also take part in a range of activities such as Year 7 retreats at St Mary's Campus and will prepare their Reflection Day to celebrate their achievements and successes. As Term 4 continues to unfold, we wish students all the best for the last two months of Year 7.

### **Year 8**

We welcome back all students from the holidays and hope they are well rested and ready to take on all that is required in Term 4. We encourage the students to work well at their studies but also to enjoy and become involved in the extra activities on offer. We wish the students who are involved in the various Premier League teams all the very best for each game that remains. On 21 October, the students participated in a Careers Exploration Day. They completed activities that highlighted their abilities and interests and they listened to guest speakers from various fields of work.

## **From the Director of Student Wellbeing – Year 9 & 10**

October has heralded in a new term accompanied by bursts of sunshine and warmer temperatures; weather which has been welcomed by students and teachers alike. For the students, the warmer weather represents the transition to wearing the summer uniform; a fact that is enthusiastically welcomed by our students. For our Year 9 & 10 students, October also signals the move towards a more concentrated effort with respect to the completion of assessment tasks and preparation for the end of unit examinations for some.

For the Year 9 students at St Mary's Campus, October has been filled with an impressive line-up of educational excursions including visits to the Mary MacKillop Heritage Centre, the Queenscliff Marine Discovery Centre and the Immigration Museum. The Marvelous Melbourne excursions and the Goulburn River Camps also continued this month with the latter providing our students with a true outdoor educational experience and the opportunity to rise to the challenges that such experiences bring. Speech Night was a wonderful celebration of student achievement and we acknowledge and congratulate all our Year 9 & 10 Award recipients.

## **From the Director of Student Wellbeing – Year 11 & 12**

The final weeks of Term 4 for Year 11 and 12 students is a time when they will be looking back and looking forward. Both Year 11 and 12 have their Reflection Days which are designed to celebrate and recognise the achievements of the students and reflect on the year that was. They are important days before the students enter the exam period. With so many students across Year 11 and 12 about to enter the Unit 3 / 4 exam period we wish them the best of luck; it is a time of great challenge but with hard work and good preparation we hope all students will be able to achieve their personal best.

For our VCAL and VSP students this time sees the start of a Work Placement block. Each year we are impressed by the number of students that complete this placement. They are able to build relationships with employers that can lead to part time and full time employment. The VCAL Dinner was a great example of the fine work that our VCAL students complete during the year and how they have grown so much through the VCAL program; it is a credit to all the students and their teachers.

We look forward to the end of the year for the opportunities it brings but understanding for all students it will be a challenging time. We wish them all the best.

## Sports Report



For all recent sports results, please refer to the [MacKillop News Blog](#) found on the College Website.

## John the Baptist Resource Centre

As the year is drawing to a close, it is timely to remind students that all resources will need to be returned to the library and AV departments. The JBC library page permits students to login and access their own accounts to view their current borrowings and due dates to ensure they are returned on time.

Students are also reminded to look after their ID cards, as not all students will be issued with a new card in the coming year. Students in Year 11 will require their ID card for many purposes in 2017 including login procedures for study lessons, so care will need to be taken with their current card. Issuing of a new card will result in the payment of a replacement fee for lost or damaged cards.

As exams are in progress for VCE students, the library is remaining open for extended hours in the morning and after school to assist them with study and exam preparation.

## Parents & Friends Committee

We are still collecting unreturned chocolate money. Could all families who have not returned chocolate money please do so. The more money returned the greater the support that we can give the College. As the year is coming to an end, we are planning events for next year. If you would like to be a part of this great Committee come along to our next meeting on Wednesday 2 November at 7:30pm in the Sr Giovanni Administration Building.

## Parent/Guardian Information

### Catholic Education Today

Please [click here](#) to view the latest edition of the Catholic Education Today magazine.

**Junk Food/Drinks**

Parents/Guardians, friends and relatives of students are reminded that junk food or drinks (ie McDonald's, Subway, etc) are NOT to be delivered to the College for students at any time.

**Credit Card Minimum Spend Limit**

The Administration Office accepts payments by credit card, with a minimum spend limit of ten dollars. Purchases below ten dollars for items such as Internet and Print credit 'top up' are required to be paid in cash. Please note Student Internet Credit Allowance is automatically reset by the College on a monthly basis and Student Print Credit Allowance is replenished each semester.

**2016 Graduation Dinner**

The 2016 Year 12 Graduation Dinner will be held at Etihad Stadium on Friday 25 November commencing at 7:00pm. Tickets are on sale via the College webpage Quicklinks - Graduation Tickets. Bookings will close on Friday 4 November 2016. Students can purchase tickets for three (3) guests; all the details are included on the booking site. If you require extra tickets please email Mark Westgarth.

If you are having issues accessing via the MacKillop College webpage, the booking website is [www.trybooking.com](http://www.trybooking.com). Go to 'Buy tickets' enter MacKillop under search and select 2016 MacKillop Graduation Dinner. Any enquiries, please contact Mr Mark Westgarth, Director of Student Wellbeing or email [mwestgarth@mackillop.vic.edu.au](mailto:mwestgarth@mackillop.vic.edu.au).

**Booklists 2017**

A reminder that all booklists are to be submitted by Monday 7 November 2016 for orders to be available on the selling day. You may post or submit your list online and arrange home delivery of your order.

Selling Day: Monday 12 December 2016 from 9:00am to 5:00pm

Venue: Tappeiner Building at the College

Payment method on selling day: Eftpos and credit card accepted. NO cash accepted.

Orders (other than prepaid) not collected on the selling day will not be held for you. These items will be returned to stock to fill other orders.

If you are unable to attend on the selling day or arrange someone else to pick up your order, it is recommended that you select the prepaid option to ensure that your parcel is held for you. You will then need to make arrangements for home delivery or pick up from the Campion store by contacting them directly. The prepaid option reduces your time in register queues. If you find that an item is no longer required, you are still able to adjust your order and a credit can be arranged.

**Uniform Shop**

Telephone 8734 5280

Uniform Shop will be open Monday 31 October 8:30am – 12:30pm

**Sale of Second Hand Uniforms**

Good quality second hand uniforms can be sold through the Uniform Shop. Kilts and blazers must be dry-cleaned and all other items need to be freshly laundered. All items need to be in good condition. Staff in the Uniform Shop determine the sale price of all uniform items.

**Administration Office**

MacKillop College Office will be closed on the following days:  
Thursday 8 December 2016 from **11:30am**  
Friday 9 December 2016  
Monday 19 December 2016 until Friday 20 January 2017.

The Administration Office will **re-open** on Monday 23 January 2017 and business hours will be as follows:

Monday 23 January – Friday 27 January 2017 8:15am – 3:45pm. Closed 11:30am – 12:30pm daily.

Closed Australia Day – Thursday 26 January 2017.

Please Note:

The Administration Office will open on Monday 30 January 2017 at **12:00 noon**. Normal office hours will resume Tuesday 31 January 2017 from 8:00am to 4:30pm.

**Students recommence school on Wednesday 1 February 2017.**



# **ST. ANDREW'S PARISH FAIR**

## **Saturday 19th November 2016**

### **10am till 7pm**

**at St. Andrew's School Grounds  
Greaves Street North, Werribee**

- Major Car Raffle
- Fresh Food Stalls
- Fun Rides
- Entertainment
- Spinning Wheel
- Espresso Bar
- Afternoon Tea
- Book Stall





## Spring and Asthma

Whilst many of us are enjoying the recent **spring** sunshine, some people with asthma might notice an increase in wheezing and asthma symptoms. This is because spring is a time when there is an increase of pollen in the air, which is a common trigger for people with asthma.

Hay fever is a common allergic condition that affects 8% of children and adolescence, particularly in springtime. Up to 80% of people with asthma also experience hay fever. If hay fever is poorly controlled then it can be more difficult to control your asthma. For a majority of people hay fever is due to pollen, which are tiny, dust-like particles given off by certain types of trees, grasses, weeds and flowers. Pollens are small enough to be airborne and penetrate indoors and out.

**Whether you are in the city or rural areas here are some tips to prevent asthma and allergy in spring:**

- Always carry appropriate medication with you in case you need it (i.e. blue reliever puffer)
- Try to avoid going out on windy days or after thunderstorms
- Avoid activities in areas where grass is being mowed
- Keep windows closed at home and particularly when in the car and use recirculated air in the car when pollen levels are high
- Avoid hanging washing outside on high pollen days. The pollen sticks to your clothes.

The Asthma Foundation of Victoria website [asthma.org.au](http://asthma.org.au) offers a pollen count during the peak allergy period of October to January, from The University of Melbourne's School of Botany. This forecast can be used to alert people with hay fever and people with asthma of the likelihood of being exposed to high levels of pollen, enabling them to take preventative measures in danger periods.

If you would like more information or would like to speak to an Asthma Advisor, please call 1800 645 130 or visit [www.asthma.org.au](http://www.asthma.org.au) or [www.asthmafriendlyschools.org.au](http://www.asthmafriendlyschools.org.au)

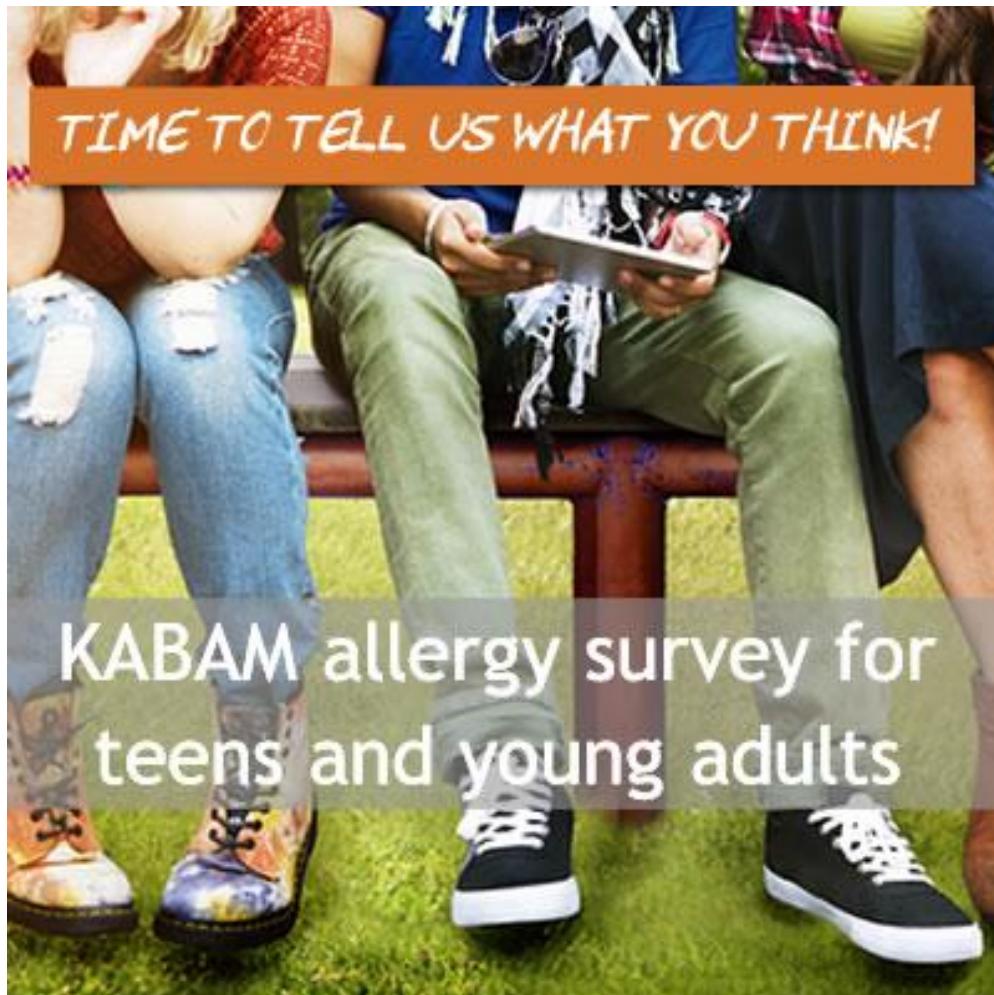
## Improving allergy management for teens and young adults

The National Allergy Strategy Knowledge and Barriers to Allergy Management (KABAM) survey for teens and young adults will be available from 5th October - 3 November 2016. This survey is for people aged 12-24 years old with severe allergy.

The survey is being conducted to enable us to collect information about what 12-24 year olds with severe allergy would like to know about managing their allergy and how they would like to access the information. As the survey will guide resource development it is important the survey is completed by the individual not their parent or guardian.

For further information [KABAM - Allergy survey](#) or to participate in the survey go to [weblink](#).

[http://uwa.qualtrics.com/SE/?SID=SV\\_0iAN7WnglIJfsc5](http://uwa.qualtrics.com/SE/?SID=SV_0iAN7WnglIJfsc5) for more information contact Sandra at <mailto:projects@allergy.org.au>



# ST. ANDREW'S PARISH FAIR CAKE STALL



We need your help!! The Cake Stall for St. Andrew's Parish Fair needs bakers. We need cakes, sponges, slices, patty cakes, muffins etc. (no cream), whatever is your specialty. If you love baking and would like to bake in bulk, we can supply the ingredients for you.

Cakes can be dropped off at St. Andrew's School Sports Centre (Hall), enter via Stawell Street, Werribee from 10am to 2pm on Friday, 18<sup>th</sup> November 2016 and from 8.30am on Saturday, 19<sup>th</sup> November 2016.

If you intend baking, we would appreciate you contacting the Parish Office, so we can have an idea of how many cakes will be available. Also if you are able to help with setting up, packaging, labelling or pricing of cakes anytime on Friday, 18<sup>th</sup> November 2016, please leave your name and phone no. at the Parish Office on 9741 4144.

Contact: Josee King 9742 3927 or 0419 171 392 or Marthese Temming at the Parish Office for any enquiries.

Due to health regulations please note the following:

1. We cannot have refrigerated items, e.g. cream or meats.
2. Goods should not be supplied on polystyrene plates  
(paper or plastic plates acceptable).
3. All donations should be labelled with the list of ingredients.

Please label ingredients used in your cake, slice etc. and mention if cake has been frozen. You may like to ask a friend to bake for our stall. Thanking you in anticipation.

Cake type \_\_\_\_\_

Please tick the ingredients used

Flour  Sugar  Milk  Eggs   
Spices  Baking Powder  Oil   
Chocolate  Butter  Salt

Nut Products (Type) \_\_\_\_\_

Juice (Type) \_\_\_\_\_

Fruit (Type) \_\_\_\_\_

Other \_\_\_\_\_ Gluten Free

Thank you for supporting St. Andrew's Fair.

Cake type \_\_\_\_\_

Please tick the ingredients used

Flour  Sugar  Milk  Eggs   
Spices  Baking Powder  Oil   
Chocolate  Butter  Salt

Nut Products (Type) \_\_\_\_\_

Juice (Type) \_\_\_\_\_

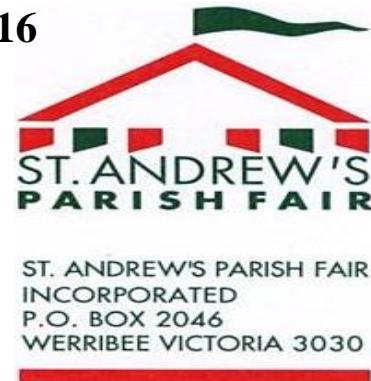
Fruit (Type) \_\_\_\_\_

Other \_\_\_\_\_ Gluten Free

Thank you for supporting St. Andrew's Fair.

# ST. ANDREW'S PARISH FAIR 2016

## VOLUNTEER FORM



Dear Parishioners of St. Andrew's,

Each year we depend heavily on the generosity and good will of all of the people in our Parish Community to ensure that our Fair is the great success we have all come to know and enjoy.

At a time like this, we need as many people as possible to help. There are many ways of lending a hand at our Fair and I am sure that one of the ways, listed on the back of this letter, may provide an opportunity for you to help this year.

So!!!!!!

If you have never been part of the Fair, come and experience the fun & friendship!...

**We need you!**

If you were part of the Fair last year, come and experience the fun & friendship again!...

**We need you!**

If you were part of the Fair years ago and have had a break, come on back!...

**We need you!**

You are asked to complete the form on the back and return it to the Parish Office, so:

- the necessary rosters can be drawn up and sent out as early as possible
- the various arrangements required for each stall can be finalised
- the work be divided up among us all

Please tick the times that you will be able to stay and help. If you can only do one session but are available at different times, please indicate which times slot you would **most prefer with a number** and we will try to accommodate your request.

We imagine that people will be rostered onto single “two-hour” shifts so that the work can be spread out among all volunteers. However, if you have **ticked** a number of spaces, we may ask you to do a second or third shift, to fill in a gap somewhere... (*We would check this out with you before putting you down for the extra(s).*)

*St. Andrew's Fair Committee*

**N.B.: If you are already working as a volunteer at this year's fair you don't have to fill this form in and we thank you for your continuing support of our Fair!**

# VOLUNTEER FORM



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Numbers: Phone \_\_\_\_\_ Mobile \_\_\_\_\_

Email: \_\_\_\_\_

**I am available to help at the following times:**

**FRIDAY, 18<sup>th</sup> November 2016      PREPARATION TIME    9am – 3pm**

ACTIVITY	DESCRIPTION	Tick or indicate order of preference		
SET UP	Helping the Fair Committee to transform the St. Andrew's School Grounds into the St. Andrew's Parish Fair Grounds	9 – 11am	11am – 1pm	1 – 3pm

**SATURDAY, 19<sup>th</sup> November 2016      FAIR DAY                  10am – 7pm**

ACTIVITY	DESCRIPTION	STALL PREFERENCE IF ANY	Tick or indicate order of preference				
			10am – Noon	Noon – 2pm	2 – 4pm	4 – 6pm	6 – 7pm
<i>Helping out on one of the stalls</i>	You would be put with another experienced volunteer to help out on one of the many stalls/activities						

**SUNDAY, 20<sup>th</sup> November 2016      CLEAN – UP                  9am – 12noon**

ACTIVITY	DESCRIPTION	Tick or indicate order of preference		
		9am	10am	11am
<i>General Clean-Up</i>	Transforming the St. Andrew's Fair Grounds back into the St. Andrew's School Grounds			

***Please return to the Parish Office or put it into the Sunday collection at mass!***